



From: [Virginia Murphy](#)
To: [DH, LTCRegs](#)
Subject: [External] Proposed Nursing Home Staffing Regulations Comments
Date: Monday, August 30, 2021 2:05:32 PM

***ATTENTION:** This email message is from an external sender. Do not open links or attachments from unknown sources. To report suspicious email, forward the message as an attachment to CWOPA_SPAM@pa.gov.*

To Whom It May Concern,

I am very glad to see this review of staffing for our care settings at this time. Frankly, I have to say it is shocking that these regulations have not been formally reviewed in Pennsylvania since the 1990s. Meanwhile, the population of persons moving into these settings in recent years is often older and includes individuals with medical conditions that require constant care and monitoring. For that reason alone, staffing must be increased. I fully support increasing direct care staffing care to residents from 2.7 hours to 4.1 hours of direct care staffing per resident per day.

In addition to benefitting our loved ones, this increased staffing ratio will better support the health and sanity of the professionals on whom we depend for this care. Especially during the extreme conditions of this pandemic, there has been significant burnout and staffing turnover is very hard on residents who are already experiencing so much loss in their lives.

My mother lived in several different care settings in the last 13 years of her life before she died on March 6, 2021. Our family had mixed experiences with the quality of care she received. Fortunately the last place she lived had a higher staff to resident ratio which, especially during the pandemic conditions, gave her better physical care and increased emotional reassurance as she contended with the ravages of dementia.

Thank you for this opportunity to comment on this critical issue; nearly 20% of our population in Pennsylvania is over the age of 65 and the need for providing quality care that is humane and sustainable will only grow.

Yours Sincerely,

Virginia M Murphy
222 Church Street
Phoenixville, PA 19460